

IN-PERSON AND VIDEO VISITS ONSITE HEALTH CARE SERVICES

Patients are required to wear a face mask to appointments.

FREE, confidential appointments scheduled for:

Onsite Early Care

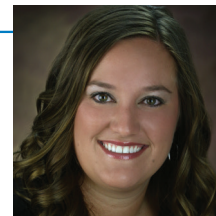
- Sore throats, earaches, sinus infections, and flu or cold symptoms (COVID-like symptoms; a care team member will help connect you with the correct care)
- Manage chronic conditions – high blood pressure, diabetes, tobacco addiction, and more
- Worksite Testing – blood sugar, blood pressure, urinalysis, TB skin test
- First aid for injuries
- Immunizations and laboratory service

Onsite Early Care Services

High School
Beth Vandenhouten BSN, RN
Tues, 6:30-8:30 am
Bobbi Kozloski, RN
Thurs, 6:30-8:30 am

Primary Care

- Respiratory symptoms (i.e. fever, sore throat, cough)
IMPORTANT: when scheduling, please choose “OS EMP Clinic RESP OFFICE VISIT.” Additional screening questions and instructions will be provided.
- COVID-19 testing (Rapid antigen test and PCR test available)
- COVID-19 vaccines
- Physicals for both sports and well-exams
- Chronic disease management
- Acute symptoms (i.e. ear infections, headache, migraine, urinary tract and yeast infection, burns; X-rays not included)
- Minor treatments (i.e. wart treatment, staple removal)
- Immunizations and laboratory services
- Electronic medication prescriptions and refills



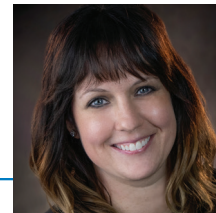
Marissa Zehren, APNP

Primary Care Services

Village Hall
Mon, Wed, & Fri, 6:30-10:30 am
High School
Tues, 8:30 am-10:30 am & 1:30-4 pm
Thurs, 8:30 am-4 pm
Cormier or District Office (Rotating)
Mon, 11:15 am-1 pm (Cormier)
Mon, 11 am-1 pm (District Office)
Parkview
Fri, 11 am-1 pm
Pioneer
Tues, 11 am-1 pm
Valley View
Wed, 11 am-1 pm

Onsite Nurse Coach

- Sore throats, earaches, sinus infections, and flu or cold symptoms
- Manage chronic conditions – high blood pressure, diabetes, tobacco addiction, and more
- Lose weight and improve nutritional choices
- Learn and use stress-reduction techniques
- First aid for injuries
- Immunizations



Beth Vandenhouten, BSN, RN

Nurse Coach Services

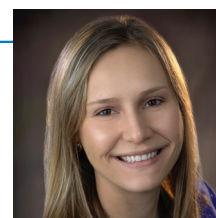
Village Hall
1st, 3rd, and 5th Tues, 10 am-1 pm
High School
Tues, 10:30 am-12:30 pm & 3-5 pm
Wed, 3-5 pm



Amy Mannering, LPN, CPBT

Onsite Therapy - NO Referral Necessary

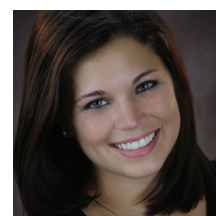
- Acute injury consultation
- Addresses muscle or joint discomfort from work- or nonwork- related injuries or illnesses
- Personal Exercise and stretching advice:
- Ergonomic evaluations and equipment recommendations
- Post-surgical therapy
- Treatment techniques (options are specific to individual patient needs and include):
 - Joint mobilizations
 - Muscle energy techniques
 - Stretching
 - Soft tissue/cross friction/trigger-point massage technique
 - Fitting for semi-custom foot orthotics
 - Dry needling¹
 - Ultrasound
 - Custom splint fabrication
 - Kinesiotaping – a *therapeutic taping*
 - Active Release Technique (ART)¹
 - Manipulations¹



Maddy Albers, DPT

Therapy Services

Village Hall
Tues, 6-8 am
Wed, 2-4 pm
High School
Thurs, 1-5 pm
Fri, 1-4:30 pm



Lindsay Pruski, OT

bellinhealth

A+CLINIC
ASHWAUBENON VILLAGE & SCHOOL DISTRICT

¹Only available at specific clinics.



bellin.org/ashwaubenon

Schedule an appointment online or by calling 24/7 Employer Clinic Hotline at **800.528.7883**. Walk-ins welcome upon availability.